



# of the Spirit

*“Find the time to think  
Find time to pray  
Find time to laugh  
It is the source of power  
Is the greatest power on Earth  
Is the music of the soul.”*

(Mother Therese of Calcutta)

## The package for 2 persons includes:

- . **2 nights in B and B** (double rooms and complete breakfast with bath-room reserved)
- . **to Casargo** - Alta Valsassina - guided visit to romanesque Church St. Margherita and return to Primaluna
- . **Afternoon:** “Spiritual Walk” from Barzio to Concenedo, along path to the chapel - arrival at the Church of “Monastero Suore Carmelitane” (where there is a community of cloistered Carmelite’s Sisters) - opportunity to pray with the Vespers 17.30 h. - return on foot to Barzio (total about an hour’s walk)
- . **Dinner on Saturday night** at “Agriturismo Le Tre Casine” in Fregera/Cortabbio (menu choice)

**Total price Weekend of the Spirit:** Total 170,00 euro

Is necessary **TO BOOK AT LEAST 5 DAYS BEFORE**